



# Great Lakes Dressage Club

[www.GreatLakesDressage.Com](http://www.GreatLakesDressage.Com)

The next GLDC meeting will be:

## When?

Monday October 10 at 7pm

## Where?

4544 Brookside Rd. Ottawa Hills, 43615

What? We will see Jane Kelly's DVD on new 2011 tests.

\*Notice: If you did not receive your new membership list last month in the mail, please contact Judy at 419-535-1723, Lists will be available at October's meeting.

## Get Ready to Party

The Great Lakes Dressage Club Holiday Party will be at Shorty's on Monroe Street (near Talmage), Monday, Dec. 12th. Cocktails will begin at 6:30 and dinner will be at 7:00. People will be billed on an individual basis. I need to have a count about 2 weeks before Monday, Dec 12. Please call **Carol Weinstein** with your reservation. (\*Membership list with phone #s was mailed to you last month)

### Centered Riding® Clinic with Peggy Brown

**September 17-18, 2011**

Peggy Brown is an International Advanced Level IV Centered Riding and Centered Driving Clinician. Peggy is a true gift to the horse world and her history and achievements are awesome, so please go to her website at [www.anatomyinmotion.com](http://www.anatomyinmotion.com) or the Centered Riding's website at [www.centeredriding.org](http://www.centeredriding.org) to learn more.

Centered Riding is a way of expressing the classical principles of riding, using body awareness, centering, and imagery developed by Sally Swift. Centered Riding answers the question of 'how' when your instructor tells you 'what' to do to communicate with your horse. It can give you a new perspective on riding and other aspects of your life.

Day One: There were 40-plus people listening intently while Peggy talked about the human anatomy and the dynamics of movement. The afternoon lessons were focused on the Centered Riding basics: soft eyes, proper breathing, centering, building blocks and grounding.

Day Two: Peggy provided an hour of ground work, with many 'ahhh' moments, especially on the use of the outside rein. Everyone experienced the trampoline exercises before riding to feel balance, breathing and transitions. Riders were on a 'natural high' during their lessons as they realized better balance in their own bodies which affected their horse's movement.

Rider teams: Rosie Shine and Julie Srohbeck; Pam Shipley and Samme Woodruff; Mary Kuzman and Kandance York; Joy Ollier and Emmalyn York, Mary Jane Callegari and Sheila Clark; Barb Gunning and Lori Schroeder. When you see these riders, be sure to ask them about their experience with Centered Riding.

Following is a brief statement from some of the riders, which will help sum up their time with Peggy:

“It was an honor and a thrill to have had the opportunity to participate in the Peggy Brown Clinic. Peggy’s keen eye saw every attempt by the rider to perform the movements. With the struggle came success and Peggy was quick to praise the rider and the horse for their achievements. Having attended several clinics in my lifetime, I define a successful clinic as one in which I take away with me one new idea. An individual cannot take away only one idea from a Peggy Brown Clinic. I am presently working on five of her concepts with another 27 pages of my sister's notes to happily work through. Thank you all for a fabulous weekend. I had a great time, learned a lot, and met many wonderful people and horses. Shelia Clark and Matazer.”

“To be brief-- I can't do this. I think I can. I think I can. (credit is due to: The Little Engine that Could). Samme Woodruff and Gracie.”

“An amazing clinic with Peggy Brown. I now know how my horse feels when I am riding and am becoming aware of my body positioning. Pam Shipley and Teddy.”

“I really enjoyed the clinic. Peggy is a very knowledgeable and very patient instructor. I really loved her analogies and also her additional training tools like the trampoline. I only wish that I would have learned about Centered-Riding years ago. Barb Gunning and Dresden.”

“My greatest experience was with the "breathing" exercise to aid in halts or transitions. Today I tried again in another barn and it still worked! The other wonderful thing I learned was that as I stretch my arm above my head, lengthening my spine, evenly distributing my weight in my seat bones, my horse is truly on-the-bit, EFFORTLESSLY, we mirror each other. Peggy's use of human bone models is very helpful to understand what is happening to my body as I ride and how to avoid injury. Learning with Peggy is fun and exciting because of the simple techniques she shares with the riders, and the fact that I can do these things myself. The greatest tip that was illustrated for me was the exercise on Sunday with a partner: horse/rider and just what happens when I give up my 'outside' rein - WOW!! Guess you can tell that I have been forever impressed by Peggy Brown's application of Centered Riding and her teaching capabilities. I can't wait until her next clinic! Julie Strohbeck and Ulla.”

“The clinic was great!! I learned a ton and I hope that I can remember everything. Mary Kuzman and Bouwe.” (continued on page 5)

LIEWAY HUNT CLUB FALL DRESSAGE SHOW

**October 16 2011**

**Closing date – October 13 2011**

**6656 County Rd 1-1 Swanton Ohio**

Sand show arena Grass warm up arena

Stalls available: **Judge: Barbara Reiss**

CLASS LIST

- |                  |   |
|------------------|---|
| 1 - Intro Test A | 8. First Level Test 1                                       |
| 2 - Intro Test B | 9. First Level Test 2                                       |
| 3 - Intro Test C | 10. First level Test 3                                      |
|                  | 11. Second Level and above test of choice (High Percentage) |

5 - Training Level Test 1

6 - Training Level Test 2

7- Training Level Test 3

Class 1-7 divided into Novice rider and Open levels with ribbons to each level.

Class 8-11 Open level only.

Riders cannot show same test more than once

This is a fun show open to **ANYONE** who wants to try dressage Leave your show clothes home! Creative attire welcome (safety first!)

\* No stall refunds stall fee \$35      \* Test of Choice must be specified on entry

\* Safety helmets and heeled boots are required when mounted

\* Horses may arrive after Noon Saturday

\* Food available on the grounds

\* Ribbons to 6<sup>th</sup> place.

\* Post entries allowed if time permits @ 50% additional fee

\* No dogs allowed on grounds

\* Note on entry form if you would like to be stalled next to

\* A horse/rider combination may not show the same test twice

Make checks payable to Lieway Hunt Club. Mail entry to Crystal Young , 5220 Waterville Swanton Rd Swanton Oh 43558 Ride times will be e-mailed on Friday October 14 FMI or directions 419-825-2665

**Lieway Hunt Club Fall Dressage Show Entry Form October 16, 2011---Closing Date October 13 , 2011**

Name of Rider \_\_\_\_\_

Name of Horse: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail \_\_\_\_\_

Stable with: \_\_\_\_\_ Tack stall Y N

Class #	Class Name	Horse	Entry Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Entry Fee: \$ 20 per test **Entry Fee Total** \_\_\_\_\_

Stabling: \$35/stall **Stabling Fee** \_\_\_\_\_

Negative Coggins Required (enclose with entry) **Total Due** \_\_\_\_\_

**Make Checks Payable to "Lieway Hunt club"**

**Release: For and in consideration of permitting participation, Entrant/Releaser(including but not limited to owner, trainer, manager, agent, rider and horse) assumes all liability for and hold Lieway Hunt Club LTD. Its officials and employees harmless from any bodily injury, death or property damage arising form being in the show. Horse show activities are inherently dangerous and all risks of injury, death or property damage are hereby assumed. Entrant/ Releaser shall indemnify and save harmless Lieway Hunt Club LTD from any and all claims. I have read and am fully aware of the legal consequences of signing it.**

Rider signature (legal guardian if under 18) \_\_\_\_\_

Owner Signature (if other than rider)  
\_\_\_\_\_

**Mail to: jCrystal Young 419-343-4778 5220 Waterville Swanton Rd Swanton Oh 43558**

"I really enjoyed the clinic and feel my position improved greatly, as manifested by the way my horse moved!! Peggy is a wonderful teacher with a way of relaxing students so we can be open to change. Mary Jane Callegari and Flashdance."

After figuring up the expenses and income, we may have made a few dollars without the \$200 that our club was going to donate towards this clinic. Linda Urbanski will have the report at our next meeting. We kept the cost low for riders, auditors, lunch and stalls to attract people and to help with expenses for those who rode in the schooling show the weekend before. It's interesting to note that there were no cancellations and there was a waiting list of 8+ horses. We should consider having this clinic again in 2012.

A huge thanks goes to the riders and horses, to the auditors, to those that brought dishes to share at lunch, to Karen Miller, Ruth Ann Walsh and Phyllis Cowan for helping and to Ken York for taking photos. And most of all a huge thanks to Peggy Brown for working with us for two days with her positive reinforcement. Thanks to Peggy, we became centered and we allowed our wonderful horses to appreciate correct balance. Peggy, Gary and I thoroughly enjoyed our time together, and thank you for sharing your horses and your weekend with us.

Lori Schroeder 9/24/2011

#### GDLG NEWSLETTER

Editor, Judy Finkel

4544 Brookside Rd.

Ottawa Hills, OH 43615

### **CALENDAR:**

**OCTOBER 10, 2011**  
**BUSINESS MEETING AND**  
**VIDEO ON THE 2011**  
**DRESSAGE TESTS. 4544**  
**BROOKSIDE RD. OT-**  
**TAWA HILLS, 43615**

**October 24th** Fun Show at  
Lieway Hunt Club in Swan-  
ton, OH. Let's support it!

**October 30 th.** Sue Hughes  
Clinic at The Chase. 10510  
West Bancroft. 9 am - 5 pm.  
Auditors welcome. Call Judy  
419-535-1723 for details.